

## CLAIMS

1. List system intended as part of a computerised object follow-up for managing return  
 5 information concerning the distribution of postal objects or objects sent by parcel post to their recipient in exchange for a proof of distribution, such as the signature, said system being characterised in that it includes :

- 10 - distribution lists for agents ensuring distribution, said lists being documents formed of a single sheet (1) whose front side comprises, for allocation to an object, an area (10) subdivided into compartments,  
 15 including a counterfoil (11) intended to remain on said sheet and for receiving via printing the information concerning said object in a code form, and a compartment (12) able to be detached, either to remain on the  
 20 document as proof of distribution or be detached so as to form a non-delivery notice label, and
- withdrawal note cards (2) which are  
 25 personalised by affixing to them, in a frame (20) reserved for this purpose, said non-delivery notice label (12).

2. List system according to claim 1, characterised in that each of said areas (10) comprises an additional compartment (13) for  
 30 constituting a second detachable notice of receipt label, a notice of receipt card (3) also being

provided and personalised by affixing said second label in a frame (30) reserved for this purpose.

3. List system according to claim 1 or 2, characterised in that said distribution list (1) comprises 'a plurality of areas (10) in the form of vertically juxtaposed rectangles.

4. List system according to one of claims 1 to 3, characterised in that said sheet (1) constituting the distribution list is an adhesive complex comprising a support back and a detachable self-adhesive film.

5. List system according to one of claims 1 to 4, characterised in that said sheet (1) has a standard format so as to facilitate its filing.

6. List system according to one of claims 1 to 5, characterised in that said sheet (1) comprises on one of its sides perforations (15) enabling it to be classified.